

# Ohev Sholom - The National Synagogue®

1600 Jonquil Street, NW, Washington DC 20012

(202) 882-7225 [www.ostns.org](http://www.ostns.org)

Rabbi Herzfeld's Cell: (202)812-8900

## AUGUST SCHEDULE

Av-Elul 5767

**6:30 am** Daily minyan. Followed by Talmud Study with Rabbi Herzfeld  
**8:30 am** Sundays & Holidays

**Daily Minchah and Maariv: 15 minutes before sunset.**

**Kiddush Lunch every Shabbat. The Shabbat lunch is FREE and OPEN to the entire community. But we do seek sponsors....**

### Ongoing Classes Schedule

<b>Monday, 12:30-1:30 pm</b>	Rabbi Herzfeld's Parshah Class for Women
<b>Monday, 7:30 pm</b>	Hebrew with Michael Weissman
<b>Wednesday, 12:30-1:30 pm</b>	Rabbi Herzfeld's Downtown Class: Hudson Institute (1015 15th Street, NW, 6th Floor)
<b>Thursdays, 7:45 pm</b>	Rabbi Herzfeld's class continues on the portion of the week.
<b>Shabbat Mornings, 8:45 am</b>	Group Torah Study of the Parshah
<b>Shabbat Afternoons, 2:30 pm</b>	Rabbi Herzfeld's Teen Class

### Pre-High Holiday Classes:

#### **Rabbi Shmuel Herzfeld**

##### **Thursdays -**

7:30-8:15 pm - August 16, 23, 30, & September 6  
Torah & Haftorah Readings of the High Holidays.

8:30-9:15 pm -

*Mesillat Yesharim* by R. Moshe Hayyim Luzzatto (Ramchal)

Looking for that spiritual spark? Seeking to become a better person? Yearning to grow closer to God? Study Ramchal's classic text on how to draw closer to Hashem. A great way to prepare for the High Holidays.

*(Ramchal (1707-1746) was a brilliant rabbi, kabbalist, and philosopher. His best known work is Mesillat Yesharim. He is considered to be the forerunner of the Mussar movement which focuses on improving one's relationship with God by working on one's personal skills.)*

**Dr. Josh Milner**

8:00 – 9:00 pm - [Wednesdays August 22, 29 & September 5](#)

**High Holiday Machzor**

[Learn the liturgy and tunes for High Holidays with our Baal Tefillah. Get in shape for the High Holidays by studying key selections from the \*Machzor\* \(High Holiday prayer book\).](#)  
[Learn about the major themes and key texts. Learn the tunes and the expressive body movements that round out a spiritual prayer service.](#)

9:00 pm – 9:20 pm - Wednesdays August 22, 29 & September 5

**Singing During Davening: A Primer**

Part of what makes davening special is the communal sound made by singing together. Many folks know how the tunes go, know how to fit them to the words, but don't or can't project them along with the Baal Tefillah. For 20 minutes after each of the High Holiday Machzor classes, we will go into the main Sanctuary and learn/review melodies, practice singing aloud, and work on creating a beautiful communal sound.

**Friday, August 3 - Shabbat Ekev**

8:00 pm Candelighting  
7:00 pm Mincha & Kabbalat Shabbat followed by a communal dinner. Please  
make your reservation with [cvaloris@gmail.com](mailto:cvaloris@gmail.com) The cost of the dinner  
is \$15 a person; kids under 12 eat free.

**Saturday, August 4**

8:45 am Torah Study  
9:15 am Shacharit: Rabbi Jonathan Grossman will give the Dvar Torah.  
7:35 pm Mincha followed by Seudah Shlishit and a Dvar Torah with Rabbi  
Ben Mintz on Seudat Shelishit and another Dvar Torah by Ariel  
Mintz.  
9:02 pm Shabbat Ends

***Minchah and Maariv during the week will be at 8:00 PM.***

**Friday, August 10 - Shabbat Re-eh**

7:52 pm Candlelighting  
7:00 pm Mincha/Kabbalat Shabbat

**Saturday, August 11**

8:45 am Torah Study  
9:15 am Shacharit with a Dvar Torah about Elul by Rabbi Shmuel Herzfeld  
7:30 pm Mincha followed by Seudah Shlishit and a **Dramatic Presentation of The Book of Jonah. Directed by Dr. Hal Brodsky.** If you are interested in acting in this skit please email [hrbodsky@umd.edu](mailto:hrbodsky@umd.edu) The Book of Jonah is read on Yom Kippur afternoon.  
8:54 pm Shabbat Ends

***Minchah and Maariv during the week will be at 7:50 PM.***

**Tuesday, August 14 - Rosh Chodesh Elul**

**Wednesday, August 15 - Rosh Chodesh Elul**

**Friday, August 17 - Shabbat Shoftim**

7:43 pm Candlelighting  
7:00 pm Mincha/Kabbalat Shabbat

**Saturday, August 18**

8:45 am Communal Torah Study  
9:15 am Shacharit with a Dvar Torah by Rabbi Ben Mintz.  
7:25 pm Minchah followed by Seudat Shelishit and a class with Rabbi Shmuel Herzfeld.  
8:45 pm Shabbat Ends

***Minchah and Maariv during the week will be at 7:40 PM.***

**Friday, August 24 - Shabbat Ki Tetzei**

7:34 pm Candlelighting  
7:00 pm Mincha/Kabbalat Shabbat

**Saturday, August 25**

- 8:45 am Communal Torah Study  
9:15 am Shacharit with a Dvar Torah by Aliza Sperling: **Teshuva: Other Perspectives.**  
What is *teshuvah*? Is it merely the process of repenting from a specific sin or does *teshuvah* have a broader scope? Aliza Sperling will look at the approach of Rav Kook (the late Chief Rabbi of Israel), and others to this question.  
7:10 pm Mincha followed by Seudah Shelishit and a class with **Dr. David Eisenman**: Maimonides on Repentance--Five barriers to repentance.  
8:35 pm Shabbat Ends

***Minchah and Maariv during the week will be at 7:30 PM.***

**Sunday, August 26**

*(Following a 7:30 pm Minchah)*

**THE BOOK CLUB PRESENTS A HIGH HOLIDAY PROGRAM**

Everyone is especially invited to this important discussion of S.Y. Agnon's classic, *Days of Awe—A Treasury of Jewish Wisdom for Reflection, Repentance, and Renewal on the High Holidays*. Led by Rabbi Ben Mintz.

**Friday, August 31 - Shabbat Ki Tavo**

- 7:22 pm Candlelighting  
7:00 pm Mincha/Kabbalat Shabbat

**Tefillin Challenge:** Come thirty times in sixty days to our morning service and earn your first pair of tefillin for FREE. Estimated value: **priceless!**

TO SPONSOR OUR FREE KIDDUSH/LUNCH PLEASE CALL (202) 882-7225

Email Rabbi Herzfeld at [rabiherzfeld@yahoo.com](mailto:rabiherzfeld@yahoo.com)

Email our Executive Director, Carol Valoris at [cvaloris@gmail.com](mailto:cvaloris@gmail.com)